

# Dad's Report Card

Prepared by \_\_\_\_\_

Place a checkmark in the appropriate letter grade box

A	Excellent
B	Good
C	Average
D	Unsatisfactory

Spending Time Together	A	B	C	D
Dad takes me out for a meal so we can talk				
Dad coaches me with interpersonal problems				
Dad helps me with school projects or assignments				
Dad cheers for me at my school activities				

Recreation/Physical Activity	A	B	C	D
Dad likes to play ball in the backyard				
Dad takes walks, bikes, swims or jogs with me				
Dad takes me camping, fishing or to a ballgame				
Dad does things I like to do				

Having Fun	A	B	C	D
Dad is fun to be with and knows how to laugh				
Dad makes me feel special with good times				
Dad plays my favourite card, video or board game				
Dad surprises me with unexpected treats				

Spiritual Training	A	B	C	D
Dad reads the Bible at meals or during family time				
Dad is quick to pray with me				
Dad tries to answer my faith questions				
Dad is reasonable and fair with consequences				

Support and Affirmation	A	B	C	D
Dad is quick to hug and tell me he loves me				
Dad lets me know he's proud of me				
Dad is my biggest cheerleader				
Dad comforts me when I make a mistake or fail				

Teaching/Mentoring on Life	A	B	C	D
Dad shows me the basics of car care				
Dad helps me achieve my goals and dreams				
Dad explains the basics of budgeting				
Dad prepares me for getting my driver licence				

Listening Well	A	B	C	D
Dad isn't distracted by his phone when we talk				
Dad remembers what we talked about				
Dad asks me how my day was at school				
Dad values my opinion				

Nobody's perfect! We all have blind spots. If this Dad's Report Card is used in the right spirit and the right way, it can be tremendously practical to get a sense of what's working, what's not, and how to forge a deeper connection in the days ahead. After having your child assign grades, carve out time over a meal at a favourite restaurant to discuss how Dad can adjust and improve his scores. For additional help, feel free to call 1.800.661.9800. We're in this together!